



*"Vitality and youthfulness are gifts of nature to those who live life according to her laws. Good health is created by the way we choose to live!" - Peter Edwards*

- HIBISCUS HEALTH HAVEN is just off the New England Highway, 30 minutes north of Toowoomba and is set on 36 acres amidst picturesque country views with glorious sunsets.
- Featuring a glorious pool, a cosy spa and steam room.
- Our 4 guest rooms have private ensuites and are individually designed with a homely touch to make you feel welcome and relaxed.
- At Hibiscus Health Haven we will teach you a lifestyle which is in balance with the laws of nature. If followed correctly it will bring you natural vitality, which is a high level of health.
- This is a lifestyle that promotes prevention of disease and premature aging.

Hibiscus Health Haven's innovative therapeutic program is run by Fay Lebsanft, a fully qualified Biological Lifestyle Therapist, having trained with world recognized, leading Gold Coast Naturopath, Sir Peter Edwards.

You will leave here not only rejuvenated, but with the skills and knowledge to continue forever feeling great.

*Thank you so very much for a fantastic 2 weeks! We enjoyed every minute – don't want to go home! You have truly educated us on a healthy lifestyle that is fun, easy and sustainable (something that nobody else could do) and patiently answered all our questions. We will have no trouble in recommending you to anybody in need of some healthy living!*  
 Many Thanks,  
 Michael W and Nicole B. Toowoomba Qld.

Ask about our **B & B Weekenders Day Pamper Packages**

*The Best, the BEST, the BEST!!!! Most wonderful 2 weeks of my life. Oh, the steam room, the siesta's, the sun, the rest, the rejuvenation, the tranquillity, the family atmosphere with the loveliest family! Oh why did we have to leave ?!?!?!?*  
 The best opportunity to break old destructive habits and replace them with new health promoting habits.  
 The caring and encouraging instruction from Fay is wholesome to mind, body and spirit!!  
 - David and Johanna R, Bell Qld

**Book Now, it will be the best investment you will ever make for yourself!**

